

*"Go, set a watchman,
Let him declare what he seeth."
— Isaiah 21:6 —*

NOVEMBER 1973

The Sabbath
Sentinel

The Sabbath

Sentinel

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The object of this non-sectarian, non-denominational association is to bring together into one strong organization all believers in the Biblical seventh-day Sabbath (Saturday) regardless of sect, creed, or denomination, for the sole purpose of spreading knowledge of, belief in, and observance of the Creator's only Holy Day. The only qualification for membership is belief in the seventh-day Sabbath.

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I enclose

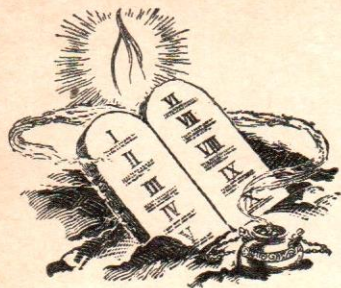
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The Perfect Law of Liberty

ROY STRAIN

ALMOST everyone will agree that certain laws are good and absolutely essential. Does it make sense, then, that God would place people on this earth without giving them laws to follow?

Some teach that God never gave any laws until the children of Israel came to Mt. Sinai, but is this what the Bible says? The Bible shows that God's laws were in effect at creation (Gen. 2:1-3, Ex. 20:8-11). God rested on the Sabbath day from all His labor. He blessed, hallowed, and sanctified this day. He set the Sabbath apart for a very special and important reason. God gave us the Sabbath so that we can be renewed physically and spiritually every Sabbath day. What a blessing the Sabbath is!

Christ, the Lord of the Sabbath, said that the Sabbath was made for man. He promises to bless those who keep the Fourth Commandment (Isa. 58:13, 14, Ex. 16:29). He has promised to give us on the sixth day the bread of two days. Thank God for a paid vacation every seventh day of the week! Thank Him even more for the other blessings He bestows upon us when we keep the Sabbath.

Some people claim that God no

longer expects us to keep the Sabbath. Does the Bible say that the Sabbath was done away with or that it was changed to another day? Does it say that we are now to keep Sunday as a memorial of creation or for any other reason? If it does, where?

Yes, I know Sunday keepers have a few scriptures they use in an attempt to prove their belief—especially a couple of scriptures—but what does the Word of God say?

We are told to prove all things and to hold fast to that which is good. In Romans 14:5 we find these words of Paul: "One man esteemeth one day above another, another esteemeth every day alike. Let every man be fully persuaded in his own mind."

While looking at a calendar, I found this interesting information. Each one of the seven days of the week is designated as the Sabbath by various nationalities and religions. Monday is the Greek Sabbath, Tues-

day the Persian, Wednesday the Assyrian, Thursday the Egyptian, Friday the Turkish, Saturday the Jewish, and Sunday the Christian. Some esteem every day alike and some believe that it is all right to keep any one of the seven days of the week. Paul wrote, "Let every man be fully persuaded in his own mind."

The way to know the truth is by studying the Word of God. Is Saturday the Jewish Sabbath and Sunday the Christian Sabbath? The word Sunday isn't found anywhere in the Bible. However, the phrase "first day of the week" is found exactly eight places in the New Testament. None of these Scriptures denotes Sunday to be God's day now.

Sunday isn't called the "Lord's Day." Nowhere are they told that Christ unblessed, unhallowed, or unsanctified the seventh day of the week, or that He blessed, hallowed, or sanctified the first day of the week.

The eight phrases "first day of the week" are found in Matthew 28:1, Mark 16:2, Mark 16:9, Luke 24:1, John 20:1 and 19, Acts 20:7, and I Corinthians 16:2.

I urge you to study every one of these scriptures in its context. All Scripture is given by inspiration of God. Holy men of God spoke as they were moved by the Holy Spirit (2 Pet. 1:21 and 2 Tim. 3:16).

After Christ's death, according to the Holy Spirit, the Sabbath was the day before the first day of the week. In Hebrews 9:17 we are told that a testament is in force after the testators' death. The Sabbath was in effect after Christ's death, so in the sight of God it still is.

Perhaps the two most used scrip-

tures by Sunday keepers are Acts 20:7 and I Corinthians 16:2. Somehow they get from these scriptures that we are to go to church every Sunday, partake of the Lord's Supper, and put money in the collection plate.

These verses do not say this at all. Read these verses, and instead of following man's interpretation, let the Bible interpret itself. Acts 20:7 plainly tells why the disciples had come together that one particular first day of the week. It was to break bread! Verse 11 is evidence that this was referring to a regular meal (see Acts 27:35). Acts 2:46 mentions the breaking of bread daily. This verse does not command anyone to do anything. We read in I Corinthians 16:2: "Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come." What were they to gather and lay by in store upon the first day of the week? You can read the answer in Romans 15:25-28. It was food and fruit they were to gather and lay by in store upon the first day of the week. Paul said "if it be meet that I go also, they shall go with me" (1 Cor. 16:4).

Christ kept the Sabbath (Luke 4:16). He said the Sabbath was made for man (Mark 2:27, 28). He didn't say it was made for the Jews or any particular group of men but for man, for all men.

The Sabbath sets apart all who keep it. In Ezekiel 20:12, we find these words of God: "Moreover also I gave them my sabbaths, to be a sign between me and them, that they might know that I am the Lord that sanctify them." Ezekiel 20:

24, 25 tells us why God gave other laws also until the reformation. "Because they had not executed my judgments, but had despised my statutes, and had polluted my sabbaths, and their eyes were after their fathers' idols. Wherefore I gave them also statutes that were not good and judgments whereby they should not live."

The law of Moses was added because of sin. Galatians 3:19 says, "Wherefore then serveth the law? It was added because of transgressions, till the seed should come to whom the promise was made; and it was ordained by angels in the hand of a mediator." Colossians 2:14 says, "Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross." The sacrifices and all that was in the law of Moses were taken out of the way when Christ sacrificed Himself for our sins.

Christ came to save us from our sins (Matt. 1:21). What is sin? Most people have some kind of explanation of what sin is, but God doesn't leave it up to us to decide for ourselves what sin is. Some say sin is missing the mark. This is right, if we know what the mark is; but if we don't know what the mark is, how can we know if we miss it?

The Bible tells us what sin is in 1 John 3:4. This verse says, "Whoever committeth sin transgresseth also the law: for sin is the transgression of the law."

The law of Moses was given because people were breaking the Ten Commandments! The fault wasn't in the law but in the people. Romans 4:15 says: "for where no law is,

there is no transgression." Adam transgressed the law of God. "All unrighteousness is sin" (1 John 5:17).

Now what is righteousness? Psalm 119:172 says, "All thy commandments are righteousness." That is what righteousness is, so unrighteousness would be breaking any one of the Ten Commandments. So if Christ did away with any one of the Ten Commandments, He did away with righteousness.

Who will accuse Christ of that?

In Matthew 5:17-20 we find these words of Christ, "Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfill. For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled. Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach them, the same shall be called great in the kingdom of heaven. For I say unto you, That except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no wise enter into the kingdom of heaven."

Christ wants us to be righteous, to keep the Ten Commandments!

In Isaiah 42:21 we find this prophecy concerning Christ: "The Lord is well pleased for his righteousness sake; he will magnify the law, and make it honourable."

Christ fulfilled this prophecy. He magnified the law by His example and teaching. He set us an example that we should follow in his steps.

James 2:10-12 says, "For whoso-
(Continued on page 17)

Time: Gift and Responsibility

TERRIL D. LITRELL

TIME is the Creator's gift to mankind! Whether they be rich, poor, talented, or uneducated, all men are given the same amount of time each day. How men use this precious commodity is up to the individual.

Most men go aimlessly through life in the monotonous routine of commonplace hourly occurrences with nothing unusual happening—work, eating, sleeping, recreation—all repeated again and again. Their lives become lifeless, mechanical, habitual existences. Their lips repeat memorized phrases while their spirits are low with lack of sustenance.

Time goes by in seemingly endless succession, with each day claiming its duty, the employment of every moment, the trials and tests, the momentary decisions that have been made, and that ever-searching for the true meaning of happiness and success. The weeks turn to months and lengthen to years, and then—DEATH!

Now this does not have to be the picture of your life! You can discover that time is important and powerful. It is so important and powerful that the Creator gives it to us only in small doses. Time presents us with many challenges and opportunities; we must see each one as a responsibility and apply our stewardship accordingly. Rather than aimlessly counting the days, we must make EVERY DAY count for some-

thing worthwhile. Our lives hinge on time. It comes but once and is limited; therefore, it must be used productively, prayerfully, and creatively.

From the treasure house of the gift of time comes the Sabbath, 24 golden hours, each set with sixty diamond minutes of which we may expect great and wonderful occurrences. These holy hours are laden with significance and evidence of the plan of the Creator for the working man, for it is this period of time that is extraordinary. In every seventh day of the week there is a treasure for man to capture for physical rest and spiritual growth. If he will but grasp this desirable jewel, he will discover that it is more beautiful than he had supposed. But man, searching in a dreamy, listless way through life, often lets this precious gift be swept away by the ocean tides of the "cares of life" on the shores of time.

Someday when the Creator shall bear back to his bosom this wonderful gift to mankind, "and time shall be no more," then it will be too late to enjoy its earthly provisions, and all of man's opportunities will be swept into the irretrievable past, never again to be regained.

Well has the poet written:

"Only one life,

'Twill soon be past;

Only what's done for the Saviour
will last!"

Sabbath Keepers

in the News

At the Bergen County New Jersey Chapter of the American Cancer Society, Fred Weber is a name they know well. His purpose—to alert the public to the dangers of lung cancer and its link with smoking.

Weber says he gets people to stop smoking and that's what is important. Weber scares them. He'll readily admit this is what he sets out to do. Weber shocks them; part of the treatment. In the first 90 days of this year he will speak to virtually every high school student and thousands of junior-high-school students in Bergen County. His message may vary from school to school, but the theme is always the same: cigarettes and lung cancer.

Weber shows a film, "One in 20,000," when he goes to speak. It is designed to show what lung cancer is and it says that one cause of lung cancer is heavy smoking of cigarettes. The 30-minute color film also shows an actual lung-removal operation. It is this part of the film that has the dramatic impact on its audience. It shocks many. It's designed to.

Weber has been showing the film for five years, but it's only during the past three months that he has attracted such wide notice. His audiences average 10,000 students a month. Five years ago he showed the movie to individual classroom groups. Today entire school systems see it.

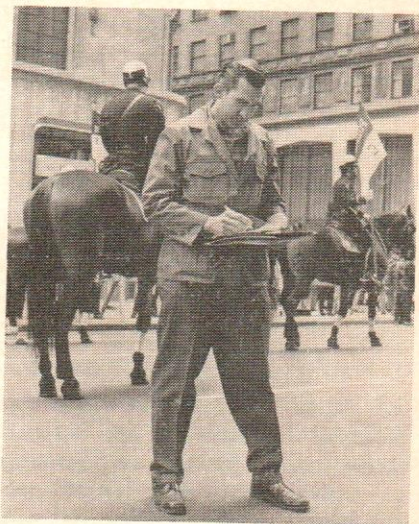
Weber feels that if the film is

shocking or frightening to some youngsters it is so with a purpose. The blood-lettings and massacres on T.V., he feels, are worse and they are without a purpose.

When he finishes showing his film, Weber asks his audience to write its reactions. Few actually say they were frightened by the operation, although almost all say they were startled by it and it had great impact on them. Invariably 50 per cent of his audiences immediately swear off smoking forever after seeing the film. This is the shock treatment Weber aims for.

The plumber's antismoking campaign has even pitted him against the U.S. government. He says the government paid \$106,000 to Warner Brothers to produce a movie promoting the sale of American tobacco overseas. He calls it immoral.

Weber's attempts to knock over the windmills of the tobacco indus-



Fred Weber, coordinating parade in New York City.

try are starting to show success. Cigarette advertising on television and radio has been banned by Congress. Cigarette clinics have sprung up to teach people how to stop smoking and the number of smokers seems to be declining.

Mr. Weber is stirring up a storm. His methods are unorthodox, but he considers any means justifiable to achieve his end. He says the tobacco people don't play fair in the way they seduce young people to smoke. He says he'll show his film to any group that wants to see it. He has a message. He has the burning eye of the crusader.

Weber is a busy man. By trade he is a plumber, operates his own business from Wood-Ridge, often appears before school groups in his working clothes. He is a tall thin man, 49 years old.

Weber says the time and expenses involved in showing his film put some strain on him financially. He sometimes works until midnight to make up for time spent speaking at schools. The film he shows he purchased for \$260 from the American Temperance Society.

But he doesn't grumble, complain, feel sorry for himself, or seek publicity for himself. "After all," Weber says, "it makes anyone feel good to help someone, and it makes you feel even better when you don't get paid for it."

The cancer crusader, is a World War II veteran who won the Silver Star while serving in Germany with the 63rd Infantry. He and his wife Hilda, whom he met in Germany, have three sons: Freddy, 25, who plays the organ at the Sligo, Seventh-day Adventist Church, Washington, D.C.; Marty, 22, who is a teacher at

the Seventh-day Adventist school in Beautiful Valley, W. Va.; and Billy, 19, who is a student at the Seventh-day Adventist school at Wildwood, Ga.

For the past seven years Mr. Weber has sent out over 500 copies of *The Jerusalem Bible*. Some have gone out to nuns and priests, Seventh-day Adventist ministers, and other religious leaders, including pastor Terril D. Littrell, president of the Bible Sabbath Association.

Mr. Weber promotes this particular version because it enacts the name of God Almighty—Yahweh.

He is against teaching evolution. He has had bumper stickers printed that read "Yahweh versus evolution—Don't make a monkey of yourself." He has them plastered on his plumbing truck.

He also had rubber stamps made with the slogan and affixes the motto on his outgoing mail.

The last three years he has served as coordinator of the marching bands with the New York City annual Salute to Israel parade which features 50 bands, 75,000 marchers, and 300,000 spectators.

STATEMENT

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“Six Days Shalt Thou Labor”

A FEW months ago I read in THE SABBATH SENTINEL a letter that was directed to Sabbatarians in general. This letter questioned what we who keep the Lord's Sabbath expect others to do about the Sabbath. It also questioned who would do the work if all kept the Sabbath. This last question seemed to bother the writer more than the first question. I would like to answer those questions in the same order that they were asked.

We Sabbatarians want others to do what is morally right and expected. I hasten to add, however, that the only moral standard that could be used is that standard that God gave us. All other moral standards are as of filthy rags.

In case the writer has not been able to find this moral standard, I will give three of the many places that it can be found in God's Holy Word. The first place is Exodus 20:1-17. This is the first time it was given to man in written form. It was, however, given to man before this but not in written form. The next text is where our Saviour Jesus or Yashua stated that He came *not* to destroy the law but to fulfill it. He also went on to state that it would

not change until all had been fulfilled (Matthew 5:17-20). Our Lord, in Matthew 22:37-40, repeated those very same commandments.

You probably say, “But those are only two commandments that Jesus gave us.”

And I say to you that you cannot keep the First Commandment Jesus gave unless you do indeed keep and obey the first four commandments of God. And again I say that man cannot keep the second commandment of our Lord Jesus unless he does indeed keep the last six commandments of God. That is what is expected of us by God.

I will answer the second question that was asked by asking you to read the 16th chapter of Exodus. This is a very good answer. God provided for the needs of His people, but they did have to gather an extra amount on the sixth day. They did have to make an extra effort.

If we do as our God tells us, and do all of our work in six days, then there will be no work to be done on the Sabbath of the Lord, except His work. And His work is a joy and a blessing.

—Edward T. Wyatt



Think! Your Life Depends Upon It!

by Dr. Allen R. Babcock

Jesus' words ring so often in my ears: "My sheep hear my voice, and I know them, and they follow me."

You will agree, I'm sure, that Jesus is the only one safe to follow; yet we definitely tend to follow people with leadership ability. We tend to follow or look for a reason to condone a popular, leading theory that appeals to our tendency to let someone else do our thinking while claiming their thoughts for our own.

In school we think we are taught to think, but actually—in most cases—we are taught only to repeat and believe what the accepted leaders have propounded. For instance, one example of our accepting leading theory is the popular cholesterol theory. Researchers have overlooked the fact that the body can make cholesterol from sugar and starch as well as fat. But according to Dr. Sandler (connected with the Veterans Hospital in Olean, N. C.), "Cholesterol does not have anything to do with heart attacks caused by arteriosclerosis," because he says, "Many persons with arteriosclerosis do not show elevation of blood cholesterol."

Another argument against the fatty theory, according to Dr. Sandler, is the fact that the Eskimo living in the Arctic Circle is notoriously free of arteriosclerosis and heart attacks, yet

consumes an extremely high fat diet compared with the average American diet.

One hundred per cent of the carbohydrate food (sugar and starch) one eats turns into sugar. Foods as potatoes, bread, macaroni, rice, cereals, and spaghetti are typical starchy foods. So to keep the sugar consumption low, we must be extremely careful with respect to the sugar-starch content of our diets. A high consumption of sugar and starch will lead to low level of sugar in the blood, and that is what leads to heart symptoms, says Dr. Sandler.

You see, it seems that our excessive consumption of sweets calls the pancreas to secrete insulin, thereby bringing the blood sugar level too low. There are cases where physical exertion has caused fatal heart attacks, for exertion causes a fall in blood sugar to abnormal levels.

Dr. Sandler states that the pressure chest pain of angina in a heart condition is caused by a rapid and sharp fall in blood sugar levels.

This doctor has done some independent thinking and should cause us to examine our own opinions which are probably a result of what someone else has already taught. How natural and easy it seems to fall into the rut of accepting as "gospel" what

some "authority" has proclaimed.

We are entranced with the gods of modern civilization which give us bigger and better gadgets, automobiles, airplanes, bridges, buildings, and other measurements of its advancement, but human beings of inferior quality which leaves much to be desired.

Dr. Edward Burtis says in his book, *The Real American Tragedy*: "Despite the mortality statistics which derive most of their sweetness and light from the decline in infant and childhood mortality and at the other end of the scale of life, the average American's physical condition grows successively worse with each generation; a fact well attested by draft board statistics. What we have evolved, actually, is a sort of a Frankenstein monster of steel, concrete, plastics, and chemistry peopled by inferior, regimented human beings."

But while our machines and gadgets are constantly being improved, greater and greater efforts are being made by branches of this same technology toward extracting greater and greater profits from our foodstuff through the use of more and more new chemicals, without regard for the health of the people who consume them.

So now we fall into the acceptance of a system starting with agriculture which has gradually grown to become almost completely dependent upon chemicals as fertilizers, on through the spraying of the inferior and therefore disease-ridden crops, to the chemicals used in processing, i.e. adulterating, coloring, extending, inhibiting, emulsifying, blending, improving, and otherwise emasculating the already inferior, and poison-contaminated food, finally to the huge

pharmaceutical industry, which in large part owes its very existence and immense wealth to the diseases with which we are consequently afflicted. The sole and significant objective is the creation of profits.

The Bible, having the answer to all questions, has this question answered very simply and adequately in the brief statement about a better day to come when every man shall "sit . . . under his vine and under his fig tree" (Micah 4:4).

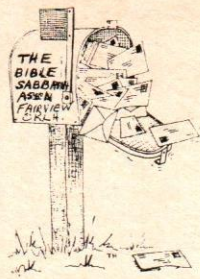
But until that time, let us try to improve that situation, doing everything we can to get back to a natural way of life.

Write your Senator and Congressman about food pollution as well as air, water, and soil pollution. Make your own organic garden. Read literature on the natural and organic ways of living and raising your own foods. Don't expect to solve all problems overnight. Just pray for wisdom and patience to persist in establishing better ways for yourself, your family, and for the world around you.

Vitality cannot be maintained without a day of *rest*. Begin by going to church with the sole intent of worship. Drop from your mind all worries and concerns so that you can concentrate on Him. During the remainder of the day slow yourself down. Take a nap. Read. Pray. Meditate. Do something relaxing with your family. Take a walk and seek the values of nature. Carefully look at a flower or tree; chat with a friend; pat a dog. Listen to a singing brook, the wind in the trees, the warble of a bird. From this restful day will come the refreshment you need to begin another busy week.

—Norman Vincent Peale

**Excerpts
from
Letters**



Conducted by Mrs. Ruth Thomas

Thanks for the tracts. I am also a Sabbath keeper. I was raised by Baptist parents. In all the years I went to Sunday school and Sunday meetings, I never knew that the Creator had ever given any laws or commandments for people to live by. In 1918, just a short time before I was to report for service in the First World War, I was in town and saw a big tent up and ready for services that night.

It was the S.D.A. camp meeting, so I went back that night about twelve miles on horseback. It was interesting. The preacher read many places in God's Word which were so different from the Sunday preacher's sermons.

I was working on a ranch at that time, so I traded four cows for an old model T, so I could go and get my parents after work and take them to the services.

When I was shown the Ten Commandments, I was ready to keep the seventh-day Sabbath. . . .

—B. P. Gerber, California

* * *

I am interested in the Bible Sabbath. Please send me anything available on the Bible teaching of the Sabbath and other doctrines you hold.

May many big blessings be yours on your wonderful work.

—E.D.S., Kentucky

* * *

I am happy to have my directory! We enjoy THE SENTINEL very much. Enclosed is a check to pay out my obligation to the Association.

—Mrs. B.W.B.

* * *

I have enjoyed hearing your broadcasts over the station in Pittsburg, Kan. I had never heard of your group before and was interested in contacting you.

Our little group was led into the Sabbath and other truths by Mr. John Q. Adams, who is not living now, but he has written many booklets on the truths from God's word and verified by the Holy Spirit.

—Mrs. E. K., Kansas

* * *

Enclosed is —. Two dollars is for my subscription. You may use the rest as needed for the work of the Lord. I enjoy reading THE SENTINEL very much.

God bless you.—B.O.W.

* * *

Please write to me about the Sabbath. I heard the offer on the radio KOAM.

—Mrs. R.C.B., Kansas

* * *

All is going well here. I enjoy most of the articles and letters in THE SENTINEL. My subscription should be expired in May; I'm glad you sent that issue. Thank you.

Love in Yahshua's name.

—J.K., Alaska

I'm enclosing my check to be used in your work.

I am grateful that you have been sending me THE SABBATH SENTINEL. . . . I would like to get one copy each of the tracts that you publish or distribute.

—D.F.C., Ohio

* * *

I would like to know the price of your booklet, *Echoes from Eden*. . . . I would like to get some of these booklets every month when I get my pension, and place them in the hands of people I know will read them. . . .

—W. R., Canada

* * *

I do agree with you that all Christians should be of one accord, for, after all, there is but one God, Father of us all, and one Spirit. . . . We must be all of one mind. . . . I am trying to find someone or a group to fellowship with; there is no church in this community that I can fellowship with.

We must keep on working and praying until the Master comes.

Wishing you his many blessings in Jesus' name.

—Mr. L. C., Hannibal, Mo.

* * *

Enclosed is — for the work of the Bible Sabbath Association. This is my way of spreading the gospel truth. God be with you.

—A faithful friend and supporter

* * *

Some time ago I heard of your organization and corresponded with you, and you sent me some literature about your work and how to become

a member. I think your material is good and I want to take out membership with your association. I have been a Sabbath keeper of several years and I can appreciate what your organization is trying to do. I hope you have great success. The Lord be with you. . . .

—R.E.W., Canada

* * *

Enclosed is my membership dues for another year. We enjoy THE SABBATH SENTINEL so very much. . . . You are doing a wonderful work. . . .

—W.R.R., Illinois

* * *

We realize that the church today is a far cry from what it should be. As the church is today, Christ is divided. Each church group does not operate in all the same united effort. Each church has its own church doctrine. Why not use the Bible completely as the doctrine for the church. . . ?

—J.T.W., Cleveland, Ohio

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Send THE SABBATH SENTINEL to others: young families, relatives, ministers, teachers, seminarians, nuns, brothers, hospitals, nursing homes.

You can send it for only \$2 per subscription.

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CONGRATULATIONS TO

The Missouri Conference of The Church of God (Old Time) beginning its 19th year on September 15, 1973. Pastor Keith Siddens is president.



KEEPING POSTED

New York Strengthens Sunday Law

A new Sunday closing law that would impose higher financial penalties for violators but would remove jail sentences as punishment has been passed by the New York State Senate 39-11, to become effective Sept. 1.

Under the measure, first offenders would face fines of \$50 to \$100, and second offenders could be fined \$100 to \$250. Presently fines range from \$5 to \$25. Five-day jail sentences which are provided in the current law would be eliminated and breaking the law would be considered a violation rather than a crime, as is now the case.

County attorneys or city corporation counsels would be empowered by the bill to obtain court injunctions barring firms that have violated the law from doing business on Sunday. Summonses could be served to every corporation officer of a firm and the personnel supervisor, and all of these persons could be fined under the bill.

A leading Senate opponent of the bill was Sen. Paul Bookson (D-Manhattan) a one-time rabbinical student, who charged that "what this bill does is to attempt to impose a day of rest on everybody, dictating what religions we observe."

In response to criticisms, one of the bill's sponsors, Sen. Abe Bern-

stein (D-Bronx), said that he and another sponsor, Sen. Bernard C. Smith (R-Suffolk) "would repeal all the blue laws if we could, but we could never get that legislation passed, so we compromised with this bill."

"BE STILL AND KNOW"

"Be still and know that I am God." I've often heard this said. But I never knew just what it meant Until by God's hand I was led.

I happened by a quiet brook;
It was a lovely place.
The birds all sang and filled the air
And they were blessed with grace.

And then all nature seemed alive—
Animals great and small.
I realized how great it was
That God had made them all.

You see, God gave us nature
So we could get away
From every-day hurry and scurry
That is in this world today.

Man has become so busy
And burdened with cares of this life
That even God is forgotten
Amid this world's trouble and strife.

If only we could listen
For His sweet and tender voice,
It would be a welcome communion
For those who would make Him their
choice.

—Sondra Fruth

Sabbath Sentinel

Outreach

Here is a practical ministry you can be a part of today. You can help send copies of THE SABBATH SENTINEL to all our state governors, U. S. Senators, Congressmen, Supreme Court justices, and other state and national leaders.

Help increase the ministry of THE SABBATH SENTINEL through free distribution, either by individual subscriptions or by bulk shipment to prisons, in college outreach, in Jewish outreach, to foreign countries, or by translation and reprinting in Spanish and other non-English languages.

Frankly, we need your help. Requests for free copies are exceeding our financial ability to maintain this important outreach. Thousands of

God's people throughout the world who are unable to purchase these materials for themselves are praying that God will meet this need through the Bible Sabbath Association.

We are praying that God will enable us to furnish this means of ministry by raising up sponsors to help us to carry the burden. If God is impressing you to share your blessings with someone, please consider the Bible Sabbath Association.

How to Draw a Crowd

Ik Naves put an ad in The Omaha *World-Herald* offering two free steaks to everyone showing up at his Omaha meat market between 10 a.m. and 6 p.m. Sunday. He ran out after handing out more than 4,500 steaks, and issued rain checks to about 500 persons.



"Echoes from Eden" Radio Log

The new "Echoes From Eden" is now on the air on these stations:

- KBLE-FM, Seattle, Wash. (93.3 MHz)—12:05 p.m., Mon.-Fri.
- KFNF, Shenandoah, Iowa (920 kHz)—4:30 p.m. Mon.-Fri.
- KOFE, St. Maries, Idaho (1480 kHz)—12:30 p.m., Mon.-Fri.
- KXEN, St. Louis, Mo. (1010 kHz)—2:30 p.m., Mon.-Fri.
- WMOO, Mobile, Ala. (1550 kHz)—3:35 p.m., Mon.-Fri.
- WNWI, Valparaiso, Ind. (1080 kHz)—4:24 p.m., Mon.-Fri.
- WLPH, Birmingham, Ala. (1480 kHz)—3:55 p.m., Mon.-Fri.
- KXOW, Hot Springs, Ark. (1420 kHz)—12:05 p.m., Mon.-Fri.
- KXOW, Hot Springs, Arkansas (106.5 kHz)—12:05 p.m., Mon.-Fri.
- KOAM, Pittsburg, Kan. (860 kHz)—11:45 a.m., Mon.-Fri.

We invite your support of the new "spot" programs on these and other stations. Send donations to:

BIBLE SABBATH ASSOCIATION
Fairview, Oklahoma 73737



A Note
from
the Editor

Honk Twice and Smile

SEVERAL weeks ago, as I was driving through Goshen, Ind., I stopped at a traffic light behind a car evidently on the way to church, since it was Sunday evening and the occupants were dressed better than they would have been for a trip to McDonald's. As I waited, I noticed a bumper sticker on the back of the car. It read, "Honk Twice If You Love Jesus."

I've seen many unusual bumper stickers (including one that read "This Is a Bumper Sticker"), but this was the first of that kind. I smiled, and gave two polite little beeps on the horn. Just as I beeped, the light changed.

The reaction from the driver was immediate—and unexpected. He turned to glower at me—then, with a screech of rubber, started off down the street.

The rest of the evening I pondered. Was he the one who had put the sticker on? Perhaps he had forgotten it was there and felt that the beeps meant for him to hurry up. Maybe he had backslidden from the happy moment when he had affixed the invitation. Or maybe his wife had burned the supper.

For a few moments, I felt a little perturbed at him. Then as I thought it over, pity, rather than aggravation, took over. And, looking back, I could think of times in my experience when I had acted in similar ways.

How many times had I gone to worship on Sabbath with an expression that indicated the troubles of the world were resting on me? How often had I failed to smile at a visitor who might have needed a smile that particular morning? Had I ever been guilty of letting my face show my feelings when someone irritated me?

A few days ago, my wife and I visited a fellow Sabbath keeper who had just lost a son by death. Within a few years he had lost two wives, and a daughter had been killed in an accident. We went with the idea of cheering him up. Things went the other way, however; his optimistic faith and quiet truth cheered us, and we left with the hope that we might be able to face trials as calmly as he did.

If I were not a Christian or a Sabbath keeper, this gentleman's life would do more to make me want to follow his belief than most Bible studies. He was a living example of what the love of Christ can do for one.

Hard-hitting proofs of our beliefs have their place; but they will win few souls unless they are backed with a Christian outlook.

Perhaps a good prayer for all of us would be, "Lord, help me always to have a smile ready when someone honks at me on the road of life."

Eugene Lincoln



ON SABBATH KEEPERS

CHURCH OF THE LIVING GOD, PILLAR AND GROUND OF THE TRUTH. Headquarters, Hammond, La. Senior bishop: J. W. Woods, 5225 Packard St., Baton Rouge, La 70811.

This group believes in keeping the Ten Commandments, including the seventh-day Sabbath; baptizing in the name of Jesus Christ, receiving the Holy Ghost with evidence of speaking in tongues; gifts of the Spirit; living holy lives, and observing the dietary laws. They have congregations in the following states: Arkansas, Missouri, Illinois, Michigan, Ohio, Louisiana, North Carolina, New Jersey, and New York.

Seventh Day Baptists Leave National Council of Churches

The Seventh Day Baptist General Conference voted at its annual meeting in Milton, Wis., to discontinue membership in the National Council of Churches. Floor discussion indicated that the primary factor was a feeling among many delegates that the NCC placed too much emphasis on political matters.

The vote, conducted under a unit rule whereby chairmen of delegations cast a unanimous vote for their units, was 335 to 250.

Except for the Swedenborgian

Church, the Seventh Day Baptists were the smallest of the NCC's member churches, reporting 5,376 members in 66 congregations. The denomination traces its history to 1671, when a group from a Baptist church in Newport, R. I., withdrew to form a congregation observing the seventh day as the Sabbath.

THE PERFECT LAW OF LIBERTY

(Continued from page 5)

ever shall keep the whole law, and yet offend in one point, he is guilty of all. For he that said, "Do not commit adultery, said also, do not kill. Now if thou commit no adultery, yet if thou kill, thou art become a transgressor of the law. So speak ye, and so do, as they that shall be judged by the law of liberty."

You know the commandment quoted here is in the law of liberty or the Ten Commandments.

Psalm 19:7 says, "The law of the Lord is perfect." God has given us a perfect law of liberty. Psalm 111:7, 8 says, "All his commandments are sure. They stand fast for ever and ever." In Romans 7:12 Paul tells us, "wherefore the law is holy, and the commandments holy, and just, and good."

However, it is true the law cannot save us. The law never could save anyone. It was not given to save sinners, but to identify them. Paul wrote, "What shall we say then? Is the law sin? God forbid. Nay, I had not known sin but by the law: for I had not known lust, except the law had said, 'Thou shall not covet'" (Rom. 7:7). "Therefore by the deeds

of the law there shall no flesh be justified in his sight: for by the law is the knowledge of sin" (Rom. 3:20). He also wrote in Romans 2: 13, "for not the hearers of the law are just before God, but the doers of the law shall be justified."

Matthew 19:16-22 tells us of the rich young ruler who came to Jesus and asked, "Good master, what good thing shall I do that I may have eternal life?" Jesus told him to keep the commandments. He asked which. Jesus listed enough of the Ten Commandments to show plainly which law He was referring to. The same applies to us today.

Jesus said, "If you love me, keep my commandments" (John 14:15). He did not say, "If ye love me, there is no longer any need to keep the commandments."

Paul wrote, "Love worketh no ill to his neighbour: therefore love is the fulfilling of the law" (Rom. 13: 10). He wrote "Bear ye one another's burdens, and so fulfill the law of Christ" (Gal. 6:2). Christ blotted out the handwriting of ordinances that was against us and contrary to us, but not the perfect Law of Liberty. In 1 Corinthians 7:19 Paul tells us, "Circumcision is nothing, and uncircumcision is nothing, but the keeping of the commandments of God."

Circumcision, the sacrifices, and all such that was in the law of Moses is nothing to us. The important thing is to keep the Ten Commandments. They were given for our own good. 1 John 5:3 says, "For this is the love of God, that we keep his commandments: and his commandments are not grievous." God said, "Oh that there were such a heart in them, that they would fear me, and keep

all my commandments always, that it might be well with them, and with their children for ever" (Deut. 5: 29).

In closing I quote Revelation 22: 14: "Blessed are they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city."

NOTICE

The second installment of "The Confused Mr. Doe" will be in the next issue.

WHO ME? WHAT COULD I DO?

"One person couldn't make that much difference..."

"There just isn't much time left..."

"I don't even know where to begin!"

If you are a Christian who has thought of making a will to include the ministry of the Bible Sabbath Association but haven't done anything about it for various reasons, why not consider doing it today? You can serve Christ to the maximum through your Will!

Whoever you are, you can make an impact for the Master and help change the world! Why not investigate the potential of your will by writing to the Bible Sabbath Association for complete details as to how you can help...

Write to:

THE BIBLE SABBATH ASS'N.
Fairview, Oklahoma 73737

ANNOUNCEMENTS

Copy must be brief. No charge will be made, but offerings to defray cost will be appreciated. The right is reserved to reject any proposed copy.

Send all copy to Bible Sabbath Association, Fairview, Okla. 73737. Information as to dates and places of Sabbath services, camp meetings, radio programs, desire for employment by Sabbathkeeping people or vice versa, prayer requests, requests for information leading to Sabbath fellowship for isolated people, etc., will be included.

This feature, offered solely as a service for Sabbathkeepers, is probably not obtainable elsewhere and is for the purpose of fostering increased good will, love, and harmony among ALL Sabbath-observing people (John 13:35).

I am a Sabbath keeper, 85 years of age. I have a good house and land. I also have a good garden. I would like someone to live with me, free room and board. Joseph Smith, 732 Page St., Marietta, Ga. 30060.

A friendly welcome to the Seventh Day Church of God, 4003 West 24th Pl., Chicago, Ill. 60623. Phone (312) 522-8857. Sabbath School at 10 a.m.

Prepare to meet the crises and famine—out of the cities, mountain-top opportunity. 4 acres or 1 to 20 acre **organic farm for sale**, with some fruit and nut trees, grapes, berries, and long row of rose hips, all organically grown.

We teach you how to garden God's way and be independent on 1 or 20 acres. Pollution-free mountaintop above flood location, 8 miles from

Dayton. \$800 per acre. **Seventh-day Sabbath keepers preferred.** Part of acreage may be paid for by working and caretaking part time on our farm next to yours. Write to or phone (no Friday evening or Saturday calls) 775-0795. George Berkon, D.D., D.S.

ORGANIC FOOD RESEARCH FARMS AND SCHOOL

Rt. 3, Box 241, Dayton, Tenn. 37321

Bill Michael, inspirational vocalist from Joplin, Mo., announces that his album "Walk With Me," is available free of charge to all who write and ask for it. The album contains 12 gospel songs. No money is requested. Michael explains, "This is a faith ministry dependent entirely upon God's supply. When God motivates someone to give, He will give according to our needs. God is our provision. In Him we trust completely."

To get your free album, write to Bill Michael, P. O. Box 2334, Joplin, Mo. 64801.

This is a cordial welcome to the Clearview Seventh Day Church of God, five miles west of Muscatine, Iowa. Sabbath School at 10. Phone 263-4063.

When in our area, please come and worship at the Albion Seventh Day Baptist Church, the only church in town. Albion, Wis. Sabbath school at 10 a.m.

**Help defeat the Sunday Blue Laws!
Write YOUR Congressman now!!**



There Is A World of Difference ...

in a Bible Sabbath Association calendar and an ordinary
calendar.

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Calendars from the Bible Sabbath Association have
the Sabbath in red.

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Ordinary calendars show Sunday in red.

Does the calendar that hangs on your wall reflect
your Sabbath conviction? If not, then why not begin using
a calendar from the Bible Sabbath Association? And while
you are at it, why not order several to give to your friends?
They also will notice that there is a world of difference. The
price is just 50¢ each, two for \$1.00, or bargain prices for
large quantities.

So rush your order for a bulk supply today to:

THE BIBLE SABBATH ASSOCIATION

Fairview, Oklahoma 73737